



## Physical Education Curriculum Map 2019/20



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<b>Little Explorers and Nursery Rhymes</b>	<b>Whatever The Weather</b>	<b>Let's Play</b>	<b>I'm A Storyteller</b>	<b>The Secret Life Of Pets</b>	<b>Round And Round The Garden</b>
	<u>Music and Movement</u>	<u>Dance</u>	<u>Games</u>	<u>Music and Movement</u>	<u>Games</u>	<u>Gym</u>
	Copying movements of others. Awareness of body parts	Movement to stimuli	Sending and rolling skills	Confidence to move in range of ways	Catching large equipment	Travelling over, above and through apparatus. Climbing with confidence.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	<b>Once Upon A Time</b>	<b>Under The Sea</b>	<b>Rumble In The Jungle</b>	<b>I'm A Storyteller</b>	<b>People Who Help Us</b>	<b>It's A Bug's Life</b>
	<u>Dance</u>	<u>Music and Movement</u>	<u>Gym</u>	<u>Games</u>	<u>Music and Movement</u>	<u>Games</u>
	Copy a sequence of movements. (Action songs)	Movement with control and emotions	Control and co-ordination	Sending and rolling	Keeping in time. Awareness of space.	Aiming: Throwing and catching

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<b>Good To Be Me</b>	<b>Ice Explorers</b>	<b>Toys</b>	<b>Stage and Screen</b>	<b>Dinosaurs</b>	<b>Sun, Sea and Sand</b>
	<u>Fitness/ ABC</u>	<u>Gymnastics</u>	<u>Athletics</u>	<u>Dance</u>	<u>Team Games (Crab Football)</u>	<u>Multi Skills</u>
NC Link	Master basic movements including running, jumping, throwing and catching. Developing balance, agility and	Developing balance, agility and co- ordination.	Master basic movements including running, jumping, throwing and catching. Developing balance, agility and	Developing balance, agility and co- ordination. Perform dances using simple movement patterns.	Participate in team games, developing simple tactics for attacking and defending. Master basic movements	Participate in team games, developing simple tactics for attacking and defending. Master basic movements

	co- ordination, and begin to apply these in a range of activities.		co- ordination, and begin to apply these in a range of activities.		including running, jumping, throwing and catching.	including running, jumping, throwing and catching.
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	<b>Passage to India</b>	<b>Reduce, Reuse, Recycle</b>	<b>Time Traveller</b>	<b>Gardener's World</b>	<b>Bostin' Black Country</b>	<b>Stage and screen</b>
	<u>Dance</u>	<u>Gymnastics/ABC</u>	<u>Team Games (Dodge ball)</u>	<u>Fitness/ Multiskills</u>	<u>Team Games (Tennis)</u>	<u>Dance</u>
NC Link	Perform dances using simple movement patterns.  Developing balance, agility and co- ordination	Developing balance, agility and co- ordination.	Participate in team games, developing simple tactics for attacking and defending.  Master basic movements including running, jumping, throwing and catching,	Master basic movements including running, jumping, throwing and catching.  Developing balance, agility and co- ordination, and begin to apply these in a range of activities.	Participate in team games, developing simple tactics for attacking and defending.  Master basic movements including running, jumping, throwing and catching,	Perform dances using simple movement patterns.  Developing balance, agility and co- ordination

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<b>Gallery of Dreams</b>	<b>Rock Around The Ages</b>	<b>London</b>	<b>Stage and Screen</b>	<b>Greeks</b>	<b>Olympics</b>
	<u>OAA/ Fitness</u>	<u>Gymnastics/ ABC</u>	<u>Competitive Games (Football)</u>	<u>Dance</u>	<u>Competitive Games (Badminton)</u>	<u>Athletics</u>

NC Link	<p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Develop flexibility, strength, technique, control and balance</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Play competitive games, modified where and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
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Year 4	<b>Magnificent Mummies</b>	<b>Inventors and Inventions</b>	<b>Natural Wonders</b>	<b>Stage and Screen</b>	<b>Romans</b>	<b>Africa</b>
	<u>Multi Skills Athletics</u>	<u>Gymnastics/ ABC</u>	<u>Competitive Games (Rounders)</u>	<u>Dance</u>	<u>OAA/ Fitness</u>	<u>Competitive Games (Tag Rugby)</u>
NC Link	<p>Develop flexibility, strength, technique, control and balance</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Play competitive games, modified where appropriate apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>

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Year 5	Invaders and Settlers	Planet Earth	Stage and Screen	Star Wars	Vikings	Carnival
	<u>Competitive Games (Kwik Cricket)</u>	<u>FITNESS/OAA</u>	<u>DANCE</u>	<u>Multi Skills/ Athletics</u>	<u>Competitive Games/ (Basketball)</u>	<u>Gymnastics/ ABC Dance</u>
NC Link	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Develop flexibility, strength, technique, control and balance</p>	<p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>

Year 6	<b>Through the Decades</b>	<b>Lest We forget</b>	<b>Rainforest</b>	<b>Tomorrows World</b>	<b>SATs/I'm A Storyteller</b>	<b>Stage and Screen</b>
	<u>Competitive Games (Hockey)</u>	<u>Gymnastics ABC</u>	<u>OAA</u>	<u>Multi Skills Athletics</u>	<u>Competitive Games (Netball)</u>	<u>Dance</u>
NC Link	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Develop flexibility, strength, technique, control and balance</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Take part in outdoor and adventurous activity challenges both individually and within a team.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Develop flexibility, strength, technique, control and balance</p> <p>Perform dances using a range of movement patterns.</p>

### Evaluating and improving performance progression

Nursery	Reception	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Children to watch other children on video and say one thing that they liked.	Children to watch other children on video and say what they like and dislike.	Children can watch, copy and describe what they and others have done.	Children can improve their work using information they have gained by watching, listening and investigating.	Children can describe and evaluate the effectiveness and quality of a performance. They can recognise how their own performance has improved.	Children can describe their own and others' work, making simple judgments about the quality of performances and suggesting ways they could be improved.	Children demonstrate to other children how they might have done it differently. They can say what others need to improve on and begin to take a leading role in directing others.	Children demonstrate to other children how they might have done it differently. Children take a leadership role in directing others how to improve their performance.